The mechanisms of mineral water and herbal medicine prescriptions action on hormonal regulation of metabolic processes (single study)

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Our studies suggest that the addition of herbal medicine to balneological factors significantly increases potential of biological effects and accelerates the positive dynamics of sanogenetic processes, possibly through the implementation of the pharmacological potential of biologically active substances of plant origin. (Cytokines and Inflammation. 2012. T. 11. № 1. P. 105–108.)

**Key words:** balneotherapy, herbal medicine, metabolism.